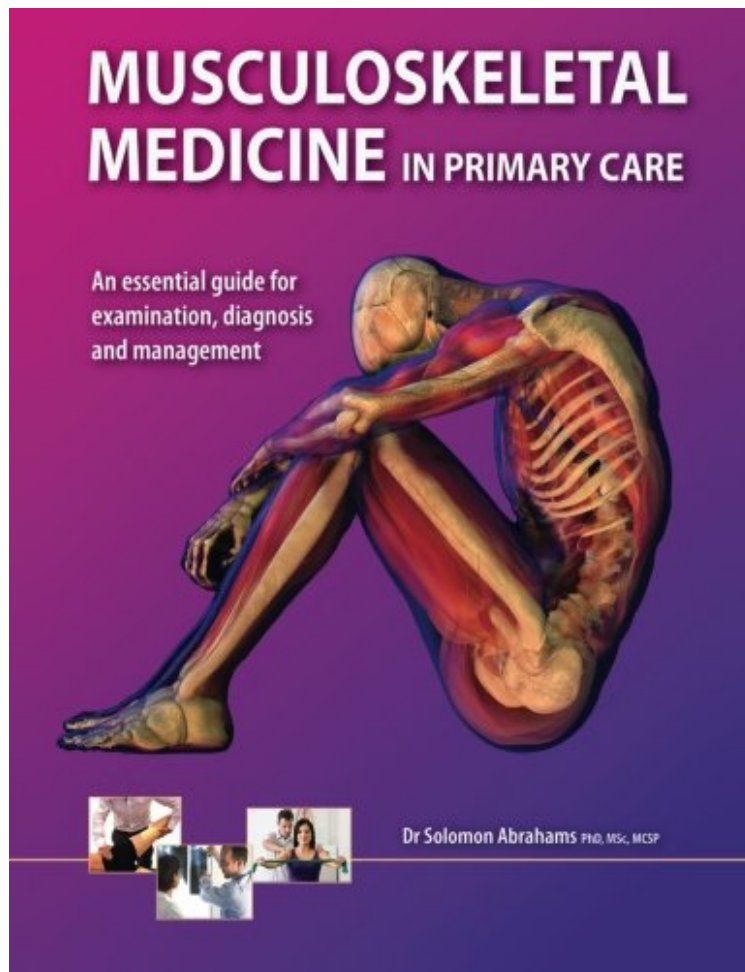


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# Musculoskeletal Medicine in Primary Care: An essential guide for examination, diagnosis and management

*Dr Solomon Abrahams Ph.D.*

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This book is designed to help MSK Physicians, Physiotherapists, Osteopaths, G.Ps and other respected colleagues in the examination, diagnosis and management of Common MSK pathologies presenting in primary care. Chapters are sectioned according to the anatomical area of the body. Each chapter consists of Basic Anatomy, Subjective (including differential diagnosis and red flags) and Objective examination, Observation and Physical examination, special tests (and their reliability), Pathologies, key points and flow charts for triaging. Where possible, we have used evidence based research to supplement the practice based experience within the book. Some special chapters are dedicated to common pathologies seen in the elderly and children/ adolescents. Other chapters include Joint injections in primary care, Medicines that conflict with MSK diagnosis/management, common blood results and their meaning and common connective tissue disorders. Where possible, we have supplemented chapters with Scans, X rays, Pictures and flow charts to help explain the simplicity of each pathology. The flow charts at the end of each primary chapter is to help triage pathologies.

About the Author Dr Solomon Abrahams is clinical Director of Anatomie Physiotherapy clinic(s) based in London, U.K. . He has been practising for over 20 years in M.S.K. medicine and currently practices from his main clinics in Harrow and Harley Street, London. Solomon has vast M.S.K. experience with over 18 years of working within Primary care centres, Accident Emergency departments and within Sports medicine departments. He also has over 15 years of experience working for an academy of Premiership football club. Solomon also lectures and examines at several Universities in London. He is clinical fellow at Hertfordshire University and formely has lectured at Kings College London, University College London and Cambridge University Medical School. Dr Abrahams has also published other material including over 40 different professional medical and research articles for prestigious medical journals and text books including Sports Medicine in Children and Adolescents. BOOK REVIEW Hollinger faces cancer with courage and faith in her brief but inspiring memoir. Happily married with two sons, Hollinger was diagnosed with breast cancer in December 2010. She grew up in Spanish Harlem Mister Rogers would not have wanted to be my neighbor. After an incident in public school, she went to a private Catholic school, where her behavior was tempered by a positive disciplinary approach. In spite of a childhood of some hard knocks, she was accepted to Dartmouth and, after graduation, worked at the school as an admissions officer. She then attended Northeastern School of Law and accepted Christ as her savior. During treatment for cancer and other afflictions, she found herself repeatedly drawn to Bible verses that offered support and guidance; she also experienced what she believed to be a miracle. As the illness progressed with all its complications, she remained committed to Gods hand in her life: He is in control. Although eventually confined to a wheelchair, she nonetheless remained upbeat and positive and thankful for the kindnesses of friends and family. Hollinger writes of her experiences with intelligence, and her story is marked by clarity, humour, humility and gratitude. Refreshingly, there are no attempts to overdramatize her situation: Shingles or no shingles, my family, sister, and I had a good time. Photos of the author and her family are included, and the book ends with a list of Bible verses that hold special meaning for the author. Also, 10 percent of profits from sales of the book are earmarked for St. Judes Research Hospital. Well-written, uplifting account of a woman buoyed by faith, family and friends in her fight against cancer.