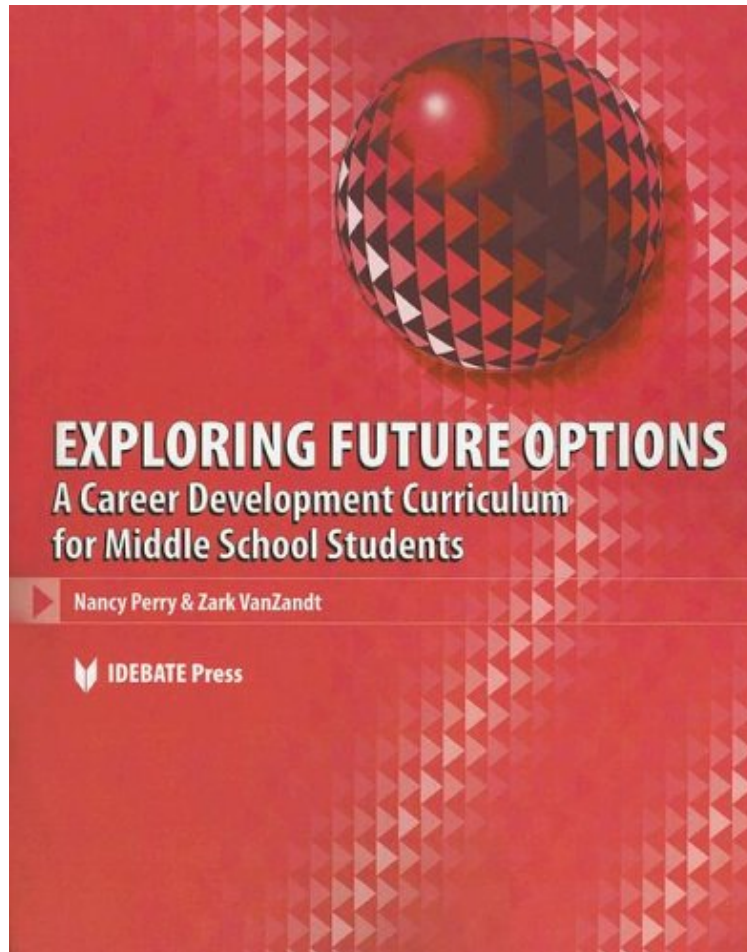


# Exploring Future Options: A Career Development Curriculum for Middle School Students

*Nancy Perry, Zark Vanzandt*  
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This book offers teachers a curriculum that introduces middle students to career development and teaches them the importance of planning for their future. In a series of 36 lesson plans that stress learning through activity, students gain self-knowledge, explore career and educational options, and begin basic career planning. A practical guide, linking

school to the ever-changing world of work, it teaches students how to make informed decisions and have a better understanding of career development as a life-long process. It also emphasizes the concept of "Career as Life," that work is only one of several interconnected life roles.

About the Author Nancy Perry is an experienced educator and counselor who served as executive director of the American School Counselor Association. As a career development specialist, she managed the Career Development Training Institute. Zark VanZandt is dean of the University of Southern Maine Lewiston-Auburn campus.